



21st Annual Safety & Health Seminar



SCHEDULE OF EVENTS

Wednesday, October 26, 2016

Ted Constant Convocation Center, Old Dominion University, Norfolk

**WHEN YOU GAMBLE WITH SAFETY ...
YOU BET YOUR LIFE**

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21st Annual Safety & Health Seminar Schedule of Events

When you gamble with safety ... you bet your life

7:00 - 8:00	Registration & Continental Breakfast		
8:00 - 8:10	Welcome Introductions, Safety items, and meeting locations - <i>Tom Binner, John Davis, Bill Crow</i>		
8:10 - 8:40	Opening Keynote <i>Bill Bell - Vice President, Human Resources & Administration, Newport News Shipbuilding</i>		
8:40 - 9:10	Building & Sustaining a Culture of Safety <i>Stan Dutko, Jr. - OSHA Area Director</i>		
9:10 - 9:20	Break		
	<u>TRACK 1</u>	<u>TRACK 2</u>	<u>TRACK 3</u>
9:20 - 9:50	OSHA UPDATE REVIEW <i>John Ratcliffe, OSHA Area Compliance Officer</i>	STRETCHING TO AVOID INJURY <i>Steve Schall, Norfolk Physical Therapy</i>	INJURIES & PRODUCTIVITY <i>James Sammons, Signal Administration</i>
9:50 - 10:00	Break		
10:00 - 10:30	FALL PROTECTION <i>Matt Smith, 3M</i>	HAZARDOUS WASTE MANAGEMENT <i>Lisa Silvia, VDEQ-TRO</i>	
10:30 - 10:40	Break		
10:40 - 11:10	HOT WORK HAZARDS & BEST PRACTICES <i>Frank Walker, MARMC Safety & Envir. Director</i>	TOXICITY ASSOCIATED WITH CONFINED SPACE <i>Max Chou Marine Chemist Service, Inc.</i>	DEALING WITH SERIOUS INCIDENTS <i>Arlene Klinedinst, Vandeventer Black</i>
11:10 - 11:20	Break		
11:20 - 11:50	STRETCHING TO AVOID INJURY <i>Steve Schall, Norfolk Physical Therapy</i>	FALL PROTECTION <i>Matt Smith, 3M</i>	
11:50 - 12:30	Lunch <i>Video: Here Today Gone Tomorrow</i>		
12:30 - 12:40	Break		
12:40 - 1:10	TOXICITY ASSOCIATED WITH CONFINED SPACE <i>Max Chou Marine Chemist Service, Inc.</i>	OSHA UPDATE REVIEW <i>John Ratcliffe, OSHA Area Compliance Officer</i>	HIGH PERFORMANCE LEADERSHIP <i>Jim Davis, General Dynamics NASSCO - Norfolk</i>
1:10 - 1:20	Break		
1:20 - 1:50	HAZARDOUS WASTE MANAGEMENT <i>Lisa Silvia, VDEQ-TRO</i>	HOT WORK HAZARDS & BEST PRACTICES <i>Frank Walker, MARMC Safety & Envir. Director</i>	
1:50 - 2:00	Break		
2:00 - 2:30	Platinum Sponsor Remarks <i>3 = (10 min each) 4 = (5-7 min each) 5 = (6 min each)</i>		
2:30 - 3:10	Jeopardy		
3:10 - 3:20	Closing Remarks and Q&A		
3:20 - 3:30	Prize Drawings		

Thank you for attending! Please fill out and turn in all evaluations. See you next year!