VSRA Annual Safety & Health Seminar

Ted Constant Convocation Center
4320 Hampton Blvd
Norfolk, VA 23529
(757) 683-4444

DIRECTIONS and PARKING Information

PARKING: There is NO CHARGE to park in the CCC South Garage on 43rd Street (see attached map). If the 1st floor is full, guests may park on additional floors of the CCC South Garage. NOTE: Please do not park in spaces marked as “Reserved.”

From Virginia Beach via I-264 West:
From I-264 West, take the City Hall Avenue Exit (Exit 10). Turn Right at the end of the ramp onto St. Pauls Blvd. St. Pauls will turn into Monticello Avenue. Follow Monticello until it intersects with 21st Street and turn Left onto 21st Street. Follow for approximately 2 miles and turn Right onto Hampton Blvd. The Ted Constant Convocation Center will be located on your right, across from Old Dominion University.

From Interstate 464 North: (Chesapeake, VA)
From I-464 North, take the St. Paul's Exit. St. Pauls will turn into Monticello Avenue. Continue to follow Monticello until it intersects with 21st Street. Turn Left onto 21st Street and follow for approximately 2 miles. Turn Right onto Hampton Blvd. The Ted Constant Convocation Center will be located on your right hand side.

From Interstate 664 East: (Newport News, VA)
From I-664 East, take exit 9 onto Route 164 toward Portsmouth. Stay on 164 and follow the signs to the midtown tunnel. (left on Cleveland Street) After the midtown tunnel, bear left following the signs to Hampton Blvd/Old Dominion University. The Constant Center will be located on your right hand side.

From Interstate 64 East: (Hampton, VA)
From I-64 E., take Exit 276A (Granby Street). Bear right at the fork of the exit ramp following the signs to Terminal Blvd/Naval Station. Take the first exit to Terminal Blvd/Hampton Blvd/ODU. At the end of Terminal Blvd, turn left on Hampton Blvd. The Constant Center will be located on your left hand side.

From the North:
Take I-95 South to Richmond. Pick up I-64 East to Norfolk. Drive through the Hampton Roads Tunnel. Approximately 6 miles after leaving the tunnel, you will see a sign saying To Terminal Blvd/To ODU Next Right. As you bear right there will be another sign I-564 / To Terminal Blvd/ To Naval Base. Follow Terminal Blvd. until you reach Hampton Blvd. (the 3rd traffic light). Turn left onto Hampton Blvd. The Constant Center will be on your left hand side.

From the South:
Take I-85 North or I-95 North to Route 58 East. Follow Route 58 East to I-264 East. Take the Downtown Tunnel. Take the St. Paul’s Exit. St. Paul's will turn into Monticello Avenue. Continue to follow Monticello until it intersects with 21st Street. Turn Left onto 21st Street and follow for approximately 2 miles. Turn Right onto Hampton Blvd. The Ted Constant Convocation Center will be located (approximately 3 miles) on your right hand side.